



# CHHOKAR CLINIC

2300 Manchester Expressway  
Suite 1001 - Butler Pavilion  
Columbus, Georgia 31904-6802  
Phone: (706) 322-0528 Fax: (706) 322-2080

## **NUCLEAR STRESS TEST**

IF PATIENT REQUIRES PHYSICAL ASSISTANCE THEN A FAMILY MEMBER MUST BE PRESENT.

Your test will take 4-5 hours. Listed below are few requirements for the test:

- DO NOT eat or drink anything 4 hours prior to procedure.
- NO caffeine or smoking 12 hours prior to test as this can affect test results.
- Bring ALL medications with you in labeled bottles to your appointment.
- If you use inhalers, you MUST bring them with you for the testing.

DO NOT TAKE THE FOLLOWING MEDICATION THE MORNING OF YOUR TEST:

- BETA BLOCKERS: Toprol, Metoprolol (Lopressor); Esmolol (Brevibloc); Carvedilol (Coreg); Nebivolol (Bystolic); Propranolol (Inderal); Atenolol, (Tenormin); Nadolol Corgard); Bisoprolol (Zebeta); Sotalol (Betapace); Acebutolol (Sectral); Labetalol (Trandate).
- NITRATES: TABLETS, SPRAY OR PATCH: Nitroglycerine (Imdur, isosorbide mononitrate and isosorbide dinitrate, Ismo).
- NICOTINE: PATCH OR GUM.

If you are diabetic and use oral medication, DO NOT TAKE IT THE MORNING OF TEST. If you use insulin, TAKE HALF the usual dose. ALSO BRING YOUR GLUCOMETER WITH YOU.

Midway through your test you will be allowed to eat a SNACK. We provide one drink and one pack of crackers. If you prefer something other than this you may bring a snack with you.

Please be advised you will be required to pay co-pay, co-insurance, and/or deductible prior to procedure.

IF YOU NEED TO CANCEL YOUR TEST, it MUST be cancelled 24 HOURS prior to testing or you WILL be charged for the Nuclear dose ordered for you. The cost of this is \$150.00.

Please sign below confirming you understand and have received a copy of the instructions above.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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## **NUCLEAR STRESS TEST & ECHOCARDIOGRAM**

FOR PATIENT SAFETY: ALL PATIENTS MUST BE ABLE TO GET ON AND OFF  
THE IMAGING TABLE INDEPENDENTLY.

Your test will take up to 6 hours once it is started. Listed below there are requirements for the test:

- Please bathe and use deodorant but DO NOT use lotion, oil, perfume, or cologne.
- DO NOT eat or drink anything after midnight. NO caffeine or smoking 12 hours prior to test as this can affect test results.
- You MUST drink 2-3 glasses of water the day prior to test unless you are on a fluid restriction.
- Please dress comfortable in two piece outfit. No one piece clothing, i.e. dresses/slip. Also wear comfortable shoes that fit (not loose or flopping type shoes).
- Bring ALL medications with you in labeled bottles to the appointment. If you use inhalers, you MUST bring them with you for the testing.

DO NOT TAKE THE FOLLOWING MEDICATION THE MORNING OF YOUR TEST:

- BETA BLOCKERS: Toprol, Metoprolol (Lopressor); Esmolol (Brevibloc); Carvedilol (Coreg); Nebivolol (Bystolic); Propranolol (Inderal); Atenolol, (Tenormin); Nadolol Corgard); Bisoprolol (Zebeta); Sotalol (Betapace); Acebutolol (Sectral); Labetalol (Trandate).
- NITRATES: TABLETS, SPRAY, OR PATCH: Nitroglycerine (Imdur, isosorbide mononitrate and isosorbide dinitrate, Ismo).
- NICOTINE: PATCH OR GUM.

Midway through your test you will be allowed to eat a SNACK. We provide 1 drink and 1 pack of crackers. If you prefer something other than this you may bring a snack with you.

IF YOU NEED TO CANCEL YOUR TEST, it MUST be cancelled 24 HOURS prior to testing or you WILL be charged for the Nuclear dose ordered for you. The cost of this is \$150.00.

Please sign below confirming you understand and have received a copy of the instructions above.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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## **EXERCISE STRESS TEST**

- Please bathe and use deoderant but DO NOT use lotion, oil, perfume, or cologne.
- DO NOT eat or drink anything 4 hours prior to testing.
- You MUST drink 2-3 glasses of water the night prior to test unless you are on a fluid restriction.
- Please dress comfortable in two piece outfit. No one piece clothing, i.e. dresses/slips. Also wear comfortable shoes that fit (not loose or flopping type shoes).
- Bring ALL medications with you in labeled bottles to your appointment. If you use inhalers, you MUST bring them with you for the testing.



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## ECHOCARDIOGRAM

Your doctor has requested that you have an echocardiogram. This is an ultrasound of your heart. You need to wear a two piece outfit as you will have to remove all of your clothes from the waist up. If you need to use the restroom when arriving for your echo, please do so as soon as you check in.

This appointment is for your echocardiogram. You will get the results at the follow up appointment after the test has been read by one of the cardiologist. In the event you need to cancel your appointment, please call 24 hours prior to date of test.